Summer Training/Skating schedule 2019

Week 1

June 24-28

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 24 | Tuesday 25 | Wednesday 26 | Thursday 27 | Friday 28 |
| 7-8am group 1&2 skate  8:45am-10am group 1&2 in Gym  Group 3&4 10-11am in gym | group 1&2 in gym 7-8am  Group 3&4 7-8am on ice  Group 3&4 8:30am-9:30 in Gym  Group 5/6 8-9am on ice  Group 5/6 9:30-10:30 in gym | group 1&2 7-8 in gym  Group 3&4 8:30-9:30 in gym  Group 5/6 9:45-11am in gym | group 1&2 7-8 in gym  Group 3&4 7-8 on ice  Group 5/6 8-9 on ice  Group 3&4 8:30-9:30 in gym  Group 5/6 10-11 in gym | group 1&2 7-8am on ice  group 1&2 8:45-10 in Gym |

Week 2

July 1-5

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
| 7-8:15am group 1&2 in gym  Group 3&4 8:30-10am in gym | group 1&2 on ice 7-8  group 1&2 in gym 8:45-10  Group 3&4 10:15-11:30 in gym  Group 5/6 9:30-10:30 on ice  Group 5/6 11:30-1 in gym | group 1&2 7-8:15 in gym  Group 3&4 7-8am on ice  Group 5/6 8-9am on ice  Group 3&4 8:30-9:45 in gym  Group 5/6 9:45-11 in gym | group 1&2 7-8 in gym  Group 3&4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym | group 1&2 7-8am on ice  group 1&2 8:45-10 in Gym |

Week 3

July 8-12

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 |
| 7-8:15am group 1&2 in gym  Group 3&4 7-8am on ice  Group 3&4 8:30-9:30 in gym | group 1&2 in gym 7-8:15  group 5/6 7-8am on ice  group 5/6 8:30-9:45 in gym  Group 3&4 9:45-11am in gym | group 1&2 7-8am on ice  group 1&2 8:30-9:45 in gym  Group 5/6 8-9 on ice  Group 5/6 in gym 8:30-9:30  Group 3&4 10-11am in gym | group 1&2 7-8 in gym  Group 3/4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym | group 1&2 7-8am on ice  group 1&2 8:45-10 in Gym |

Week 4

July 15-19

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 |
| 7-8am group 1&2 skate  8:15-9:30 group 1&2 in gym  Group 3/4 8-9 on ice  Group 3&4 9:45-11am in gym  Euro 9-11 on ice  Euro 11:45-12:45 in gym  Euro 5-6pm on ice | group 1&2 in gym 7-8:15  Group 5&6 8-9am on ice  Group 5&6 9:30-10:45 in gym  Group 3/4 11-12:15in gym  Euro 9-11am on ice  Euro 11:45-12:45 in gym | group 1&2 7-8:15 in gym  Group 3&4 8:30-9:30 in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym  Euro 9-11am on ice  Euro-11:45-12:45 in gym  Euro 5-6 on ice | group 1&2 7-8 on ice  group 1&2 8:30-9:45 in gym  Group 3&4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym  Euro 9-11am on ice  Euro 11:45-12:45 in gym | group 1&2 7-8am in gym  Euro 8-9am on ice  Euro 9:45-11 in gym |

Week 5

July 22-26

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 |
| 7-8am group 1&2 skate  8:30-9:30 group 1&2 in gym  Group 3/4 8-9 on ice  Group 3&4 9:45-11am in gym  Euro 9-11 on ice  Euro 11:45-12:45 in gym  Euro 5-6pm on ice | group 1&2 in gym 7-8:15  Group 5/6 8-9 on ice  Group 3&4 8:30-9:45 in gym  Group 5/6 10-11:15 in gym  Euro 9-11am on ice  Euro 11:45-12:45 in gym | group 1&2 7-8:15 in gym  Group 3&4 8:30-9:30 in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym  Euro 9-11am on ice  Euro-11:45-12:45 in gym  Euro 5-6 on ice | group 1&2 7-8 on ice  group 1&2 8:30-9:45 in gym  Group 3&4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym  Euro 9-11am on ice  Euro 11:45-12:45 in gym | group 1&2 7-8am in gym  Group 3&4 8:30-9:45 in gym  Euro 8-9am on ice  Euro 9:45-11 in gym |

Week 6

July 29-Aug 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 29 | Tuesday 30 | Wednesday 31 | Thursday 1 | Friday 2 |
| 7-8am group 1&2 skate  8:15-9:30 group 1&2 in gym  Group 3&4 8-9am on ice  Group 3&4 9:45-11am in gym | group 1&2 in gym 7-8:15  Group 3&4 8:30-9:30 am in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-10:45 in gym | group 1&2 7-8:15 in gym  Group 3&4 8:30-9:30 in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym | group 1&2 7-8 on ice  group 1&2 8:30-9:45 in gym  Group 3&4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym | group 1&2 7-8:15am in gym |

Week 7

August 5-9

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 |
| 7-8:15am group 1&2 in gym  Group 3&4 8:30-9:45 in gym | group 1&2 in gym 7-8:15  Group 3&4 7-8am on ice  Group 3&4 8:30-9:45 in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11am in gym | group 1&2 7-8am skate  group 1&2 8:30-9:45 in gym  Group 3&4 11-12:15 In gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym | group 1&2 7-8am on ice  group 1&2 8:30-9:45 in gym  Group 3&4 8-9 on ice  Group 3&4 9:30-10:30 in gym  Group 5/6 10:45-11:45 in gym | group 1&2 7-8am in gym |

Week 8

August 12-16

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 12 | Tuesday 13 | Wednesday 14 | Thursday 15 | Friday 16 |
| 7-8am group 1&2 skate  8:30-9:45 group 1&2 in gym  Group 3&4 8-9 on ice  Group 3&4 9:45-11 in gym | group 1&2 in gym 7-8:15  Group 3&4 7-8am on ice  Group 3&4 8:30-9:45 in gym  Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym | group 1&2 7-8 on ice  group 1&2 8:30-9:45 in gym    Group 5/6 8-9am on ice  Group 5/6 9:45-11 in gym    Group 3&4 11:15-12:30 in gym | group 1&2 7-8:15 in gym  Group 3&4 7-8 on ice  Group 3&4 8:30-9:30 in gym  Group 5/6 10-11:15 in gym | group 1&2 7-8am in gym |

Week 9

August 19-23

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday 19 | Tuesday 20 | Wednesday 21 | Thursday 22 | Friday 23 |
| 7-8am group 1&2 in gym  Group 3&4 8:30-9:30 in gym | group 1&2 in gym 7-8:15  Group 3&4 8:30-9:45 in gym  Group 5/6 9:45-11 in gym | group 1&2 7-8:15 in gym  Group 3&4 8:30 -9:45 in gym    Group 5/6 9:45-11 in gym | group 1&2 7-8:15 in gym  Group 3&4 8:30 -9:45 in gym    Group 5/6 9:45-11 in gym | group 1&2 7-8:15 in gym |